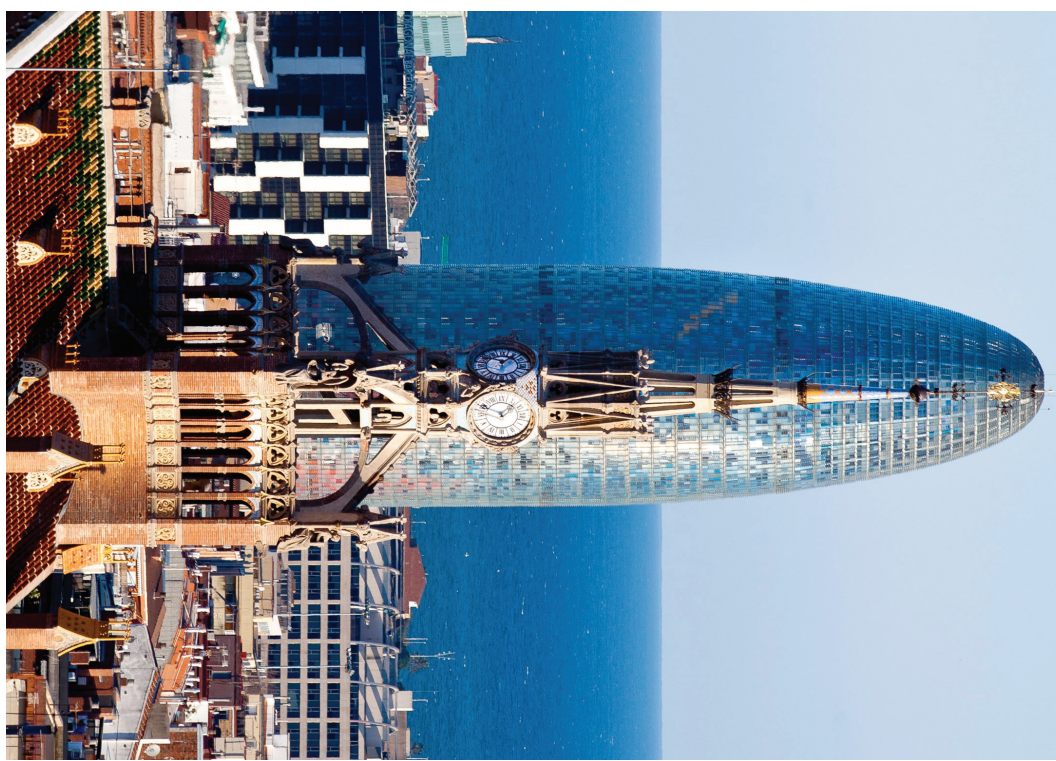


	ROOM A	ROOM B	ROOM C
9.00 Parallel Oral Presentations topic 3: Personal resilience and the health of doctors	Chair: Prof. Reidar Tyssen 31. Appropriate mental toughness training for medical students and clinicians. Dr. Mark RW Stacey. UK	Chair: Dr. Pilar Lusilla 56. How therapists react to patient's suicide – findings and consequences for health care professionals' wellbeing. Prof. Dr. Friedrich M. Wurst. Austria	Chair: Ms. Anna Mitjans 26. 'What's Up Doc?' Development of an occupational health and personal resilience program for junior doctors in a UK teaching hospital. Dr. Evie Kemp. UK
	25. Protective factors and risk factors for psychiatric morbidity among general practitioners – a cross-sectional gender stratified study. Prof. Ann Fridner. Sweden	6. Health for Health Professionals Wales: A national intervention to support doctors in distress: outcomes and lessons learnt one year on. Dr. Debbie Cohen. UK	34. Physicians sickness presenteeism: Safe or hazardous? Dr. Lise Tevik Loevseth. Norway
	48. Global Physician Resilience: The Role of Social Context. Dr. Dana Hanson. Canada	28. Long term follow-up study of a cohort of doctors who have attended the MedNet Service. Dr. Tony Garelick. UK	20. Health and wellbeing of physicians as a guarantee of better quality of medical care. Dr. Anna G. Margaryan. Armenia
	50. The balance between discretion and incentive driven systems. A qualitative study on the importance of organisation of peer support for doctors in Norway. Dr. Karin Isaksson Rø. Norway	12. To regret or not to regret medicine, does it matter for physicians' later well-being? A nationwide and longitudinal study over 15 years after leaving medical school (NORDOC). Prof. emeritus Tore Gude. Norway	9. Toward a Belgian National Assistance for Physicians in Acute Psychological Distress. Dr. Michel Bafort. Belgium
10.30	POSTERS Coffee break in the terrace-garden		
11.00 WORKSHOPS	54. Mental skills training for hospital physicians: to maintain or improve workability. Mr. Martijn M. Ruitenburt. The Netherlands	27. "What's Up Doc?" Following a junior doctor with depression-a skills based workshop. Dr. Evie Kemp. UK	29. To explore key psychodynamic changes derived from therapeutic consultations that contribute towards resilience. Dr. Tony Garelick. UK
12.00	Working Group Topic 3 Coordinator: Dr. Andrée Rochfort	Working Group Topic 2 Coordinator: Dr. Michael Peters	Working Group Topic 1 Coordinator: Ms. Anna Mitjans
13.00	WORKING GROUPS' CONCLUSIONS AND CLOSING Dr. Gustavo Tolchinsky, General Secretary of the Catalan Medical Association		
13.30	LUNCH in the terrace-garden		

*** Dr. Peter Anderson, MD, MPH, PhD, FRCP**
Professor, Substance Use, Policy and Practice, Institute of Health and Society, Newcastle University, England
Professor, Alcohol and Health, Faculty of Health, Medicine and Life Sciences, Maastricht University, Netherlands
Member World Economic Forum Global Agenda Council on Mental Health

Dr. Anderson is trained as a general practitioner and a specialist in public health medicine from Oxford and London in the UK. In England, he set up and directed the first national unit for health promotion in primary care. He has worked for the World Health Organization and been a specialist adviser to the European Commission. His clinical, professional and academic life has been dedicated to promoting health and preventing illness. He has developed the concept of the health footprint, which, similar to the carbon footprint, can be applied to individuals. In his presentation, Dr. Anderson will summarize the key evidence as to what each of us, as physicians, can do to improve our own health footprint, and thus build our own resilience, and promote our own health and prevent disease.



EAPH CONFERENCE 2015

DOCTORS' RESILIENCE.

BUILDING EUROPEAN NETWORKS

THROUGH RESEARCH AND PRACTICE

BARCELONA, 20TH - 21ST APRIL 2015

SUNDAY 19TH

MONDAY 20TH

8.00	REGISTRATION		
	<i>Official welcome</i> • Dr. Jaume Padrós . President of the Catalan Medical Association • Dr. Michael Peters . President of the European Association for Physician Health • Dr. Antoni Arteman . General Manager of the Galatea Foundation		
8.30			
9.00	<i>Opening lecture</i> "The health footprint of a healthy doctor" Dr. Peter Anderson*		
10.00	POSTERS <i>Coffee break in the terrace-garden</i>		
10.30 <i>Parallel Oral Presentations topic 1: Building health and resilience in medical school</i>	Chair: Prof. Dr. Friedrich M. Wurst 44. Reality weakness trait is linked to both mental health and performance-related issues among medical students: a nationwide and cross-sectional study (NORDOC). Prof. Reidar Tyssen . Norway	Chair: Dr. Karin Isaksson Rø 7. Resilience and professional identity. Recognising and responding to the challenge: Empowering medical students to support and embed change in their undergraduate curriculum: A new approach. Dr. Debbie Cohen . UK	Chair: Dr. Eulàlia Masachs 30. It's just a laboratory, it is not your life." Stressors and starting points for health-promoting interventions in medical school from the students' perspective: a qualitative study. Dr. Thomas Kötter . Germany
	19. The hidden curriculum of patient-centered care: Narratives from medical students. Dr. Karolina Doulougeri . Greece	8. Predisposing factors of burn out among Parisian General Practitioners Trainees. A longitudinal study. Prof. Eric Galam . France	57. Developing a medical education website for doctors and medical students in Ireland on 'doctors' health & healthcare: information & services. Dr. Andrée Rochfort . Ireland
	45. Mental health and intervention studies in Norwegian medical students and doctors: a review and update of the NORDOC studies. Prof. Reidar Tyssen . Norway	49. Process training for health providers: Self-management and emotional intelligence strengthen foundation for resilience. Ms. Ane Haaland . Norway	15. The transition of medical students to the residency training: the effects on physical activity and mental health. Dr. Alba Pardo . Catalonia. Spain
11.45	POSTER SESSION		
12.15 WORKSHOPS	1. "No decisions about me, without me": Learning communication skills in the new paradigm doctor-patient relationship. Dr. Debbie Cohen . UK / Dr. Pilar Lusilla . Catalonia. Spain	51. Designing your practice for quality care and career satisfaction. Dr. Henry Ukpeh . Canada	3. Developing Resilience through Peer Support. Dr. Vishal Agrawal . UK
13.15	LUNCH <i>in the terrace-garden</i>		
14.45 <i>Parallel Oral Presentations topic 2: Professional resilience in a changing health care system</i>	Chair: Dr. Andrée Rochfort 11. Current and future health care needs of future hospital physicians. Mr. Martijn M. Ruitenburg . The Netherlands	Chair: Dr. Antoni Arteman 35. Passionate performance in times of burnout. Prof. Dr. med. Edgar Voltmer . Germany	Chair: Dr. Michael Peters 55. The role of GP's self esteem in critical decision making. Dr. Evangelia Tsiaga . Greece
	60. Training communication skills for health professionals: Does it influence on job satisfaction, burnout and resilience? Dr. Pilar Lusilla . Catalonia. Spain	17. A story of resilience: Being a paediatrician in Spain. Ms. Anna Mitjans . Catalonia. Spain	58. The changing context of UK General Practice- the story from the Journal of the Royal College of General Practitioners. Dr. Jennifer C Napier . UK
	47. Assessing and remediating disruptive physician behaviour: The first five years of results from the Ontario Medical Association. Dr. Derek Puddester . Canada	36. Physicians' perceptions in favour of or against establishing a private practice and correlations to work-related behaviour and experience patterns. Prof. Dr. med. Edgar Voltmer . Germany	5. When resilience fails: dual diagnosis among physicians. Dr. María Dolores Braquehais . Catalonia. Spain
16.00	POSTERS <i>Coffee break in the terrace-garden</i>		
16.30 WORKSHOPS	24. Bringing the well being and patient safety research agenda together: Why healthy HPs equal safe patients. Prof. Anthony Montgomery . Greece	32. A Baker's dozen of mental toughness skills- a resilience workshop. Dr. Mark RW Stacey . UK	16. Living or surviving at work: Learning to develop professional resilience in complex working environments. Dr. Eulàlia Masachs . Ms. Anna Mitjans . Catalonia. Spain
17.30	General EAPH Assembly		
21.00	GALA DINNER & MUSIC GROUP. BEST POSTER AWARD		