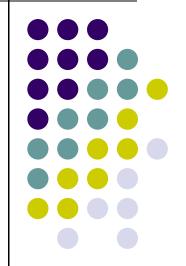
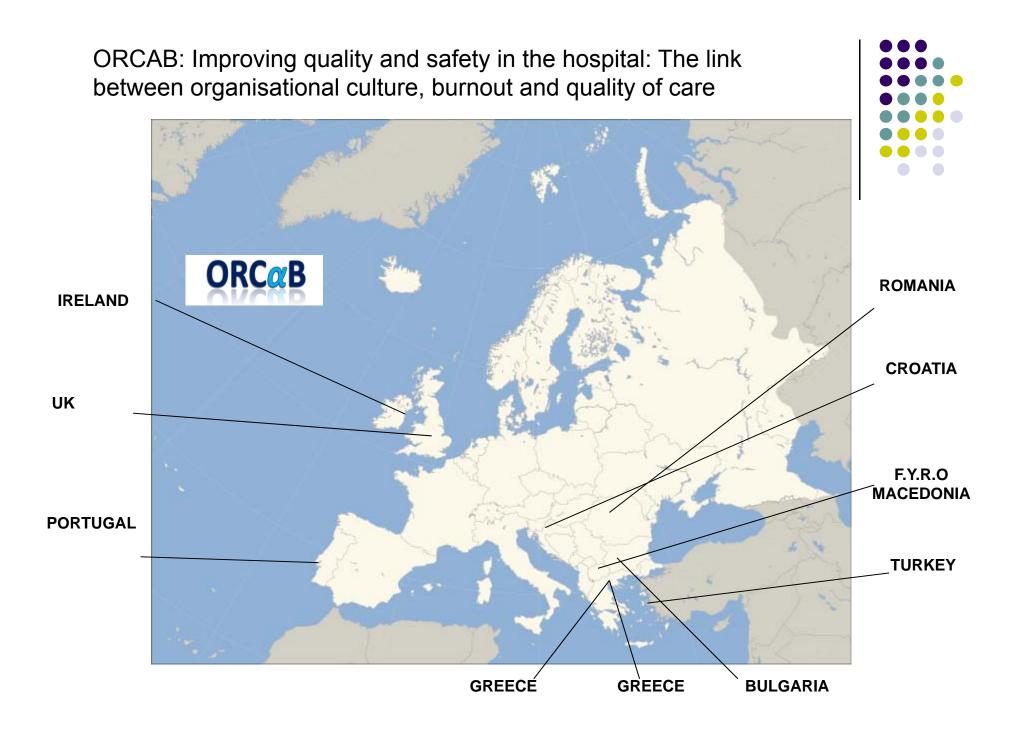
Bringing the well being and patient safety research agenda together: Why healthy HPs equal safe patients

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Bringing the well being and patient safety research agenda together: why healthy HPs equal safe patients

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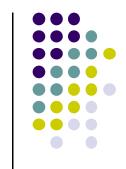
The inevitability of physician burnout: Implications for interventions

Anthony Montgomery*

University of Macedonia, Greece

!!!!! Organizational factors

- Not so interested in structural factors (e.g., work hours, unit speciality etc...)
- More interested in functional factors
 - Vision of the organization (e.g., belonging)
 - Informal culture (e.g., hidden curriculum)
 - Risk perceptions



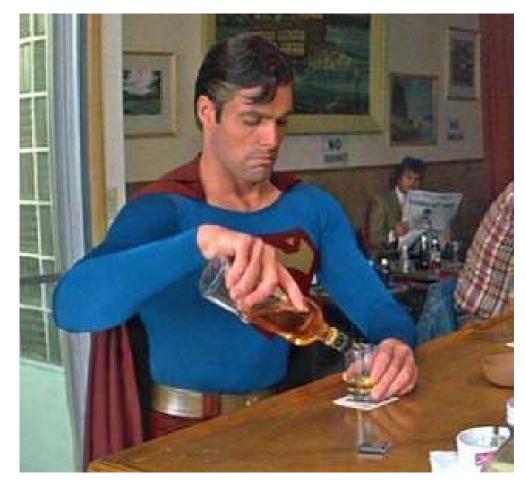
What are the barriers to combining quality, safety and HP well-being?

- Front line workers do not follow procedures in a strict and logical manner, but try to follow the path that seems most useful and productive at the time.
- Workers operate within an envelope of possible actions which is influenced all the time by wider organizational and social forces.
- As workers are constantly having to adapt and react to pressures for increased performance and productivity, the margins of safety are eroded.



For the love of God, we are not Starbucks or Google!!

- *Doctors
 - inappropriately selfmedicate and selftreat at alarming high levels (even for chronic diseases!)
- ^Physicians feel less stressed when they conceal information



**Montgomery, A.J.,* Bradley, C., Rochfort , A. & Panagopoulou, E. (2011). Self-treatment: a neglected occupational hazard for physicians and medical students. Occupational Medicine, doi:10.1093/occmed/kqr098.

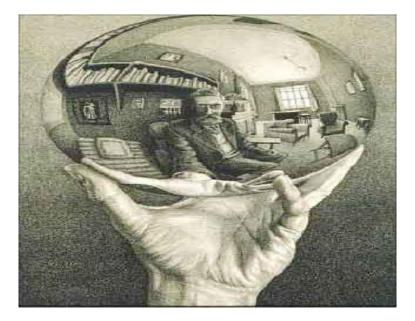
^Panagopoulou, E., Minzitori, G., **Montgomery A.J**, Kapoukranidou, D., & Benos, A. (2008). Concealment of information in clinical practice: Is lying less stressful than telling the truth? Journal of Clinical Oncology, 28, 1175-1177.





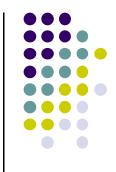
Ice breaker

- Imagine that you are going to a new restaurant or staying in a plush hotel.
- What are your expectations regarding quality?

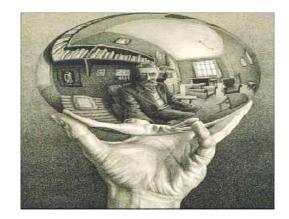




Ice breaker

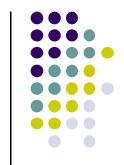


- Imagine that your child (who is 12) is travelling on a bus for school outing. The bus journey will be from London to Berlin.
 [average journey time = 28 hours]
- What kind of information would you expect from the school regarding the trip?



Layout of the Workshop

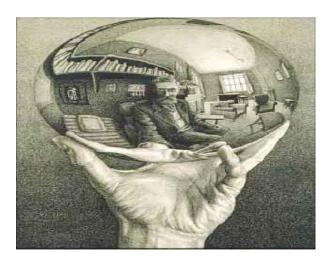
- Well-being and Safety why are they important?
- Well-being and Safety can they be 'jigsawed' together?
- Quality and Safety what are the questions that we should be asking?

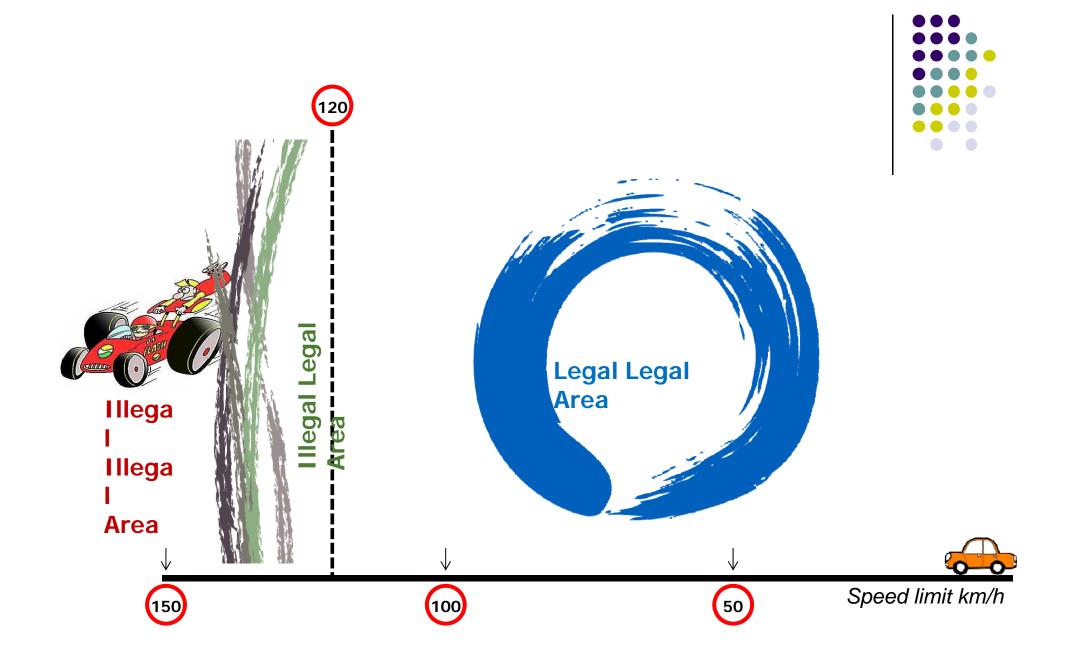


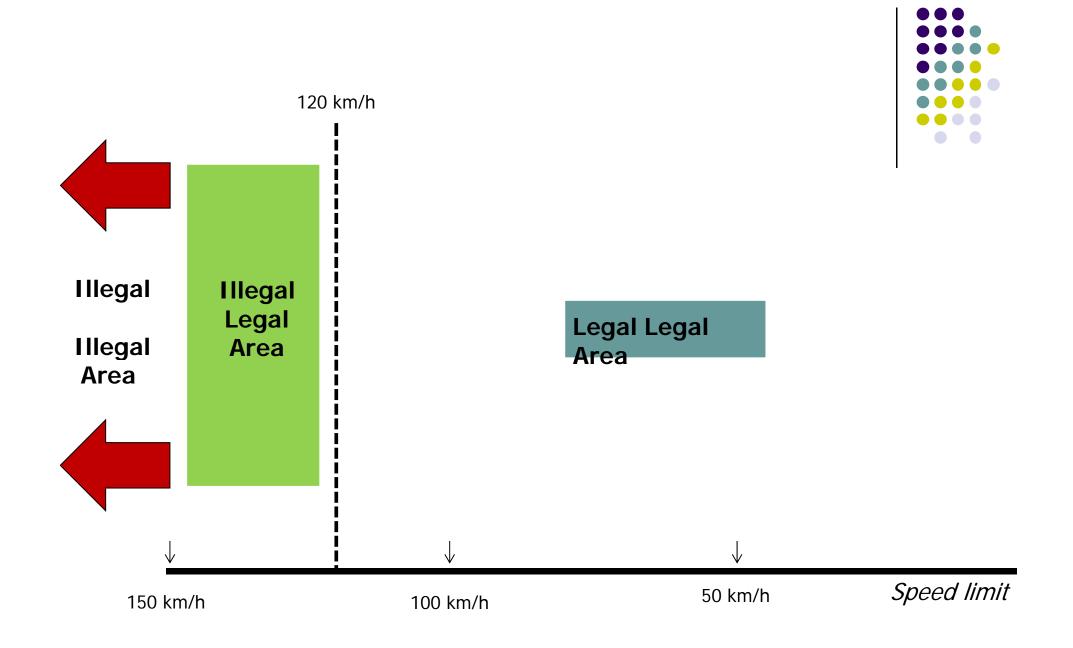
Food for thought...

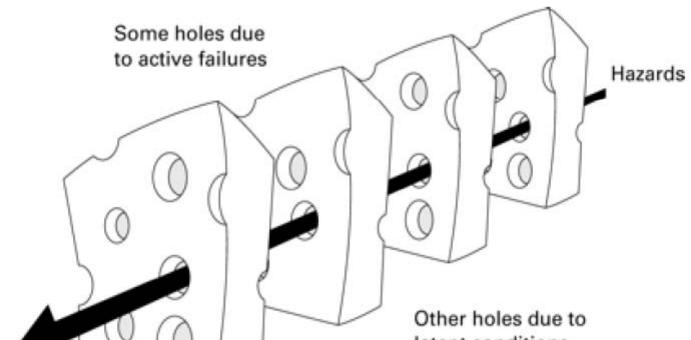


 Have you committed a crime in the last week?









latent conditions (resident "pathogens")

Successive layers of defences, barriers and safeguards

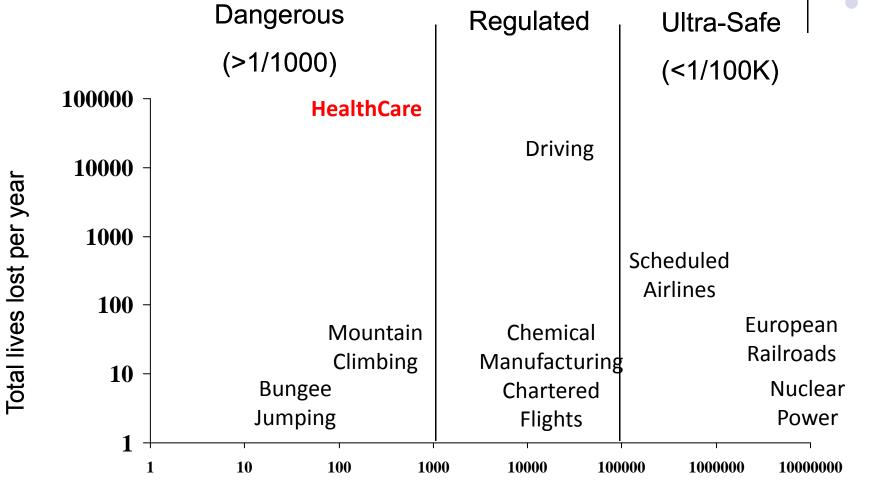
Figure I

Losses

Swiss cheese model by James Reason published in 2000 (1). Depicted here is a more fully labelled black and white version published in 2001 (5). On the survey questionnaire, all labels and comments were hidden.

How dangerous is healthcare?





Numbers of encounter for each fatality

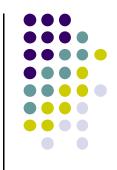
(Modified from Leape)



"Safe systems equate with quality systems"

Is this true?

Group Task



Identify ways that we can combine quality, safety and the well-being of HPs for different settings:

- Primary Rural care setting
- University hospital
- Military hospital
- A & E Unit

Keep it simple.



• What dimensions will you assess and how will you assess it?

Research and Practice Priorities going forward



- 1. Linking HP well being to patient safety and quality of care
- 2. Identifying risk factors: Moving from an individual to a systems approach
- 3. Identifying protective factors: Assessing the negative and the positive
- 4. Identifying what works and what doesn'tevaluating interventions

Burden of disease in older people



- 23% of the total global burden of disease is attributable to disorders in people aged 60 years and older. Although the proportion of the burden arising from older people (≥60 years) is highest in high-income regions, disabilityadjusted life years (DALYs) per head are 40% higher in low-income and middle-income regions*
- Are ageist attitudes and beliefs that ill health is inevitable
 - quality and safety hazards?

* Prince et al (2014). The burden of disease in older people and implications for health policy and practice. The Lancet, Early Online Publication, 6 November 2014 doi:10.1016/S0140-6736(14)61347-7



2nd International Meeting on Well-Being and Performance in Clinical Practice



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